Summer of Mentorship Discussion Questions

Week One

Jackie Hill Perry

- How would you describe God's holiness?
- Does understanding his holiness help you trust him more?
- Discuss: "We cannot allow our experiences to define God's nature."
- Heather talks about how the first 5 years really matter and that the act of mothering is holy. Does that resonate with you? How does that change how you look at parenting in the little years?

Week Two

Jodie Berndt

- Do you have scriptures you pray for your children? Were there scriptures Jodi shared you want to start using?
- What is a need you have right now in parenting that you need a verse to pray for?
- How can you incorporate praying for your children into your daily rhythm?
- Pick one of the verses/prayers Jodie shared and write it down on a Post-it or notecard. Put it somewhere you will see it and pray.
- Share a need for one of your children with the group. Pray for each other and ask God breath new hope and faith into your parenting.

Week Three

Kelsey Phillips

- Take a few moments to check in with your group. How is everyone feeling? Give space for members to share how they are dealing with the uncertainty and stress. Practice listening to one another without judgement or advice.
- What has been your experience with "listening to the Lord"? Is that a familiar or unfamiliar concept?
- Have you ever had a moment like Kelsey's when you recognized God's voice for the first time? Share!
- How could asking God for a vision for your kids change your perspective on parenting them?
- What is one step you can take to make space to hear God this week? Brainstorm with one another.
- Is there someone you can encourage by sharing this episode with them? Take a moment to share it right now!

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Week Four **Jennifer Barnett**	• How familiar were you with freedom prayer/inner healing prayer before listening to this episode? Share your experiences with the group. • What dominant emotion do you feel lately? How would it feel to have more freedom from that emotion/thought/memory/relationship? • Spend some time in quiet reflection and have each member ask God to reveal if there is a thought/memory/relationship preventing better connection with God? If willing, share with the group. • Consider researching what freedom prayer/inner healing prayer groups are in your area if members need more support.
Week Five **Tara Leigh Cobble**	• Have you read the whole Bible? Do you have a plan you like? • How could reading the Bible looking at God's character vs getting your needs met change your perspective? • What is something in the Bible that you struggle with in particular? • Think of the last passage of scripture you read. Ask yourself, what aspect of God's character is revealed in what you read?
Week Six **Dr. Curt Thompson**	• How familiar were you with shame and its impact on our bodies? • What was the last thing you felt shame about? How did it isolate you or disrupt a creative process? • Talk through how a friend or spouse could help you walk out of a shame cycle (whether minor or major). • Who are 2 or 3 women that could help you feel loved or speak truth back to you that "Jesus isn't surprised"? • Discuss meeting your children in their shame and how we can rely on God in those moments.